### Kindergarten Comprehensive PE Curriculum Map 2022

Pacing Guide Standard Code & Indicator	Sample Learning Activities	Assessments	Additional Standards
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August -
November

- 2.2.2.MSC.1: Perform a combination of sequences of locomotor movements and rhythmic activities (e.g., walking, balancing, hoping, skipping, running).
- 2.2.2.MSC.2: Differentiate non-locomotor and locomotor movements as well transferring body weight (e.g., stretching, bending, twisting, curling).
- 2.2.2.MSC.3: Demonstrate manipulative movements (e.g., throwing, catching, dribbling, running, kicking) while moving in personal and general space, time, directions, pathways and ranges.
- 2.2.2.MSC.4: Differentiate manipulative movements (e.g., throwing, catching, dribbling).
- 2.2.2.MSC.5: Adjust and correct movements and skill in response to feedback.
- 2.2.2.PF.1: Explain the benefits of regular physical activity and what it means to be physically fit in relation to personal health. (e.g., healthy heart, strong bones, increased energy, strong muscles).
- 2.2.2.PF.2: Explore how to move different body parts in a controlled manner.
- 2.2.2.PF.3: Engage in moderate to vigorous age-appropriate physical movement and physical activities that promote movement (e.g., games, challenges, team building).
- 2.2.2.PF.4: Demonstrate strategies and skills that enable team and group members to achieve goals.

Identify and apply physical fitness safety rules

Discuss the difference between Personal Health & Physical Education

Movement Education

Identify and Use Locomotor skills such as: walk, jog, sprint, hop, jump, gallop in a variety of settings

Identify and Use Nonlocomotor skills such as: bend, twist pull, push, stretch, turn, shake

Learn & practice various Manipulative skills in isolation through the use of the following: Beanbags, balls, frisbees, hoops, jump ropes, scarves

Apply learned skills in activities such as:

- Juggling
- Balancing
- Bucketstacking
- Bean Bag exploration

Follow Directions: Forward, backward, sideways, up, down.

Through music, body response to change in rhythm

### **Formative Assessments:**

Teacher Observation Student Feedback Exit tickets Classwork/Homework Teacher/peer conferences Small group/large group discussions Small group work stations

### **Summative Assessments:**

Quizzes Unit Test

### **Benchmark Assessments:**

**BOY Skill Assessment** 

### **Alternative Assessments:**

Open book exams
Take home exams
Collaborative testing
Student portfolios
Performance Tests
Retake option

Accommodations and Modifications

# Interdisciplinary Standard:

Math K.CC.A.1 Counting & recording number of reps during different fitness activities

## **Technology Standard:** 8.1.2.AP.4

Break down a task into a sequence of steps for different movement activities

December	-
March	

- 2.2.2.MSC.6: Execute appropriate behaviors and etiquette while participating in and viewing activities, games, sports, and other events to contribute to a safe environment.
- 2.2.2.MSC.7: Demonstrate kindness towards self and others during physical activity to create a safe and caring environment.
- 2.2.2.MSC.8: Explain the difference between offense and defense.
- 2.2.2.LF.1: Express one's feelings and emotions when involved in movement and physical activities to increase positive behaviors.
- 2.2.2.LF.2: Perform movement skills that involve controlling and adapting posture and balance, to successfully negotiate different environments (e.g., mats, turf fields, grass fields, hard surfaces, gym floors, sand, water, snow) during physical activity.
- 2.2.2.LF.3: Explore the body's range of motion through participating in flexibility and breathing exercises (e.g., stretching, mindfulness, yoga).
- 2.2.2.LF.4: Identify physical activities available outside of school that are in the community.
- 2.2.2.MSC.1: Perform a combination of

Identify and apply physical fitness safety rules

Discuss the difference between Personal Health & Physical Education

Discuss how to have a positive attitude

Discuss & Apply Good Sportsmanship and Communication Skills

Discuss importance of motor skills

Using manipulatives, develop Spatial & Coordination Skills

- Participate in games such as:
- Guard the pin
- Bowl A Rama
- Hit the target
- Guard the dribble

Applying force & space to change directions

Applies motor skills to set, controlled pattern

Apply physical fitness safety rules in games and stations

Obstacle course of different activities to

### **Formative Assessments:**

Teacher Observation Completed Graphic Organizers Exit tickets Classwork/Homework

## **Summative Assessments:**

Test Quiz

#### **Benchmark Assessments:**

#### **Alternative Assessments:**

Open book exams
Take home exams
Collaborative testing
Student portfolios
Performance Tests
Retake option

Accommodations and Modifications

# Interdisciplinary Standard:

SL.K.1. Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

# **Technology Standard:** 8.1.2.AP.4

Break down a task into a sequence of steps for different movement activities.

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- 2.2.2.PF.2: Explore how to move different body parts in a controlled manner.
- 2.2.2.PF.3: Engage in moderate to

Perform a sequence of sport and motor specific skill cues while participating in class activities.

Imitate animals and objects which sway, such as elephants walking and trees swaying in the wind. Work in partners to create warm up exercises and present to the class.

Drills / age appropriate lead up games (pin knockdown, minibasketball, etc).

Have students explain to classmates the purpose and difference between various unit skills.

Done during any activity; teacher / peer modeling of an activity or locomotive movement.

All class activities and cooperative games
Discussions on appropriate behaviors.

All class activities Have a reward system to highlight student's positive behavior.

#### **Formative Assessments:**

Teacher Observation
Completed Graphic
Organizers
Exit tickets
Classwork/Homework
Teacher Conferences
Small group/large group
discussions and work stations
Reading aloud

#### **Summative Assessments:**

Unit tests Quiz Written responses Quizzes

#### Benchmark:

**EOY Skills Assessment** 

#### **Alternative Assessments:**

Open book exams
Take home exams
Collaborative testing
Student portfolios
Performance Tests
Retake option

Accommodations and Modifications

#### Interdisciplinary Standard:

6.1.2.CivicsPD.1: Engage in discussions effectively by asking questions, considering facts, listening to the ideas of others, and sharing opinions.

# **Technology Standard:** 8.1.2.AP.4

Break down a task into a sequence of steps for different movement activities. **Instructional/Supplemental Materials:** Internet/YouTube/Pinterest, Paper/graphic organizer, Colored pencils/crayons, SmartBoard/Computer/projector, Pamphlets/posters, Kidshealth.org

**21st Century Standards:** 9.2.8.B.3 Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.

21st Century Skills: Collaboration, communication, information literacy, media literacy, technology literacy

Career Ready Practices: CRP1. Act as a responsible and contributing citizen and employee. CRP4. Communicate clearly and effectively and with reason.