

February 7, 2025

THE PAW PRINT

THE OFFICIAL WEEKLY NEWSLETTER FOR FTS

WWW.FTSCHOOL.ORG/FTS @FTSHUNTERDON #PAWPRIDE

DR. GOODITIS, PRINCIPAL

UpcomingEvents

- 2/10-BOE Meeting
- 2/12- Cultural Night
- 2/14- Early Dismissal
- 2/17- School Closed Presidents Day
- 2/20- MP 2 Middle School Awards Ceremony
- 2/21- PreK Lottery Survey Closes
- 2/21- Middle School Dance
- 3/3-PTA/QEA Read Across America Breakfast
- 3/7- The Masked Reader
- 3/10 Author's Visit
- 3/12-3/14- FTS Theater Club Presents Moana Jr.
- 3/14-Roary's Shop

Hear Our R.O.A.R.S!

Respect, Ownership of Actions, Achieve Personal Best, Responsibility, and Safety

In Mrs. Nombre's first grade, students played a Four-in-a-row review Fundations game to reinforce reading words with bonus letters f/l/s and glued sounds all/am/an.





Mrs. Mahoney's 4th grade students read a passage and discussed the importance of Black History Month.

Students in Mrs. Bickhardt's class celebrated CHD Awareness Spirit Week by wearing their sports gear!





Upcoming Meetings:

Tuesday, January 21, 2025

Monday, February 10, 2025

Monday, March 10, 2025

Monday, April 14, 2025

Monday, May 12, 2025 Public Budget Hearing and Adoption

Monday, June 23, 2025

Monday, July 21, 2025

Monday, August 18, 2025

Monday, September 15, 2025

Monday, October 27, 2025

Monday, November 24, 2025

Monday, December 22, 2025

Wednesday, January 7, 2026 Organization Meeting



FRANKLIN TOWNSHIP SCHOOL

Lindsay Gooditis, Principal

January 2, 2025 Dear Parents/Guardians, Franklin Township School will be continuing our preschool program during the 2025-2026 school year. Please complete the survey here to indicate your interest in the District's free preschool program for the 2025-2026 school year. Please fill out a separate form for each preschool-aged child you are interested in enrolling in the District's preschool program. By completing the survey, you are entering your child into the lottery. Please note, you will not be able to access this survey until tomorrow, January 3, 2025 at 8AM. Children who are already enrolled in the program during the 2024-2025 school year do not need to submit interest through the survey to enter the lottery. However, families who entered the lottery previously but did not receive a seat, need to re-submit their interest through the 2025-2026 survey. The lottery survey will close on February 21, 2025. A random lottery will take place. If your child is selected in the lottery, you will be contacted via email by February 28, 2025. Families who do not receive a spot will be automatically placed on a wait list.

Sincerely,

Lindsay Gooditis

2 de enero de 2025 Estimados padres/tutores,

Franklin Township School continuará con nuestro programa preescolar durante el año escolar 2025-2026. Complete la encuesta aquí para indicar su interés en el programa preescolar gratuito del Distrito para el año escolar 2025-2026. Complete un formulario por separado para cada niño en edad preescolar que esté interesado en inscribir en el programa preescolar del Distrito. Al completar la encuesta, usted ingresa a su hijo en la lotería. Tenga en cuenta que no podrá acceder a esta encuesta hasta mañana, 3 de enero de 2025 a las 8 a.m.

Los niños que ya estén inscritos en el programa durante el año escolar 2024-2025 no necesitan presentar interés a través de la encuesta para participar en la lotería. Sin embargo, las familias que participaron en la lotería anteriormente pero no recibieron un asiento deben volver a presentar su interés a través de la encuesta 2025-2026.

La encuesta de lotería se cerrará el 21 de febrero de 2025. Se llevará a cabo una lotería aleatoria. Si su hijo es seleccionado en la lotería, nos comunicaremos con usted por correo electrónico antes del 28 de febrero de 2025. Las familias que no reciban un lugar serán colocadas automáticamente en una lista de espera.

Atentamente.

Lindsay Gooditis

Franklin Township School -SPIRIT WEEK-

-February 7th THROUGH February 14th-

Show your support for CHD Awareness.

Friday, February 7th: Wear your favorite Sports Gear and Play like Gunnar!

Monday, February 10th: Wear a shirt with a truck or monster truck on it. Gunnar loved monster trucks!

Tuesday, February 11th: Wear anything Star Wars and have a Galactic day!

Wednesday, February 12th: Wear Blue. The color for CHD awareness and Gunnar's favorite color.

Thursday, February 13th: Dress up as your favorite Superhero!

Friday, February 14th: Wear Red to support CHD awareness and to celebrate Valentine's Day!

- PARTICIPATE AND SHOW YOUR SUPPORT FOR THE CAUSE!-REMEMBER EVERYTHING MUST BE SCHOOL
APPROPRIATE!-

The Masked Reader SEASON 2





CLICK TO WATCH!

WHO IS UNDER THE MASK?



Enjoy breakfast, fun activities, and a chance to share the love of books with your child.

Pre-K through 2nd grade students and parents/guardians are invited to join us for a special pancake breakfast celebrating literacy and the joy of reading!

Monday, 8:00 am- FTS March 3rd 8:35 am Cafeteria

This year's theme, "If You Give a Child a Book...", is inspired by Laura Numeroff's beloved series, which includes <u>If You Give a Pig a Pancake</u>.

For more details and to RSVP, click here. Please RSVP by February 24th.

SPONSORED BY

FTS PTA & Quakertown Education Association (FTS Staff)

SAVE THE DATE

Marking Period 2 Awards Ceremony Grades 6-8



THURSDAY, FEBRUARY 20TH

1:15 PM
IN THE GYMNASIUM
PLEASE LET US KNOW YOU ARE COMING HERE

FRANKLIN TOWNSHIP SCHOOL PRESENTS



DEDICATED TO SOPHIA DETORRES

DIRECTED BY:
MRS. KASTNER
MRS. ZOLLINGER
MS. JESS

SAVE THE DATE!

March 12th, 13th, 14th 6:30pm Ticket info to follow

Questions: Email

Ekastner@ftschool.org







COUNSELOR'S QQQ >>> CORNER

Franklin Township School

Morning Meetings

February 2025

Monday: Grades K-2

Identifying Feelings

Wednesday: Grades 3-5

Identifying Feelings

Friday: Grades 6-8

Identifying Feelings

Morning meetings will run from 8:15am-8:35am. Please RSVP to avan-spanje@ftschool.org



VOLUNTEERS & DONATIONS NEEDED

https://www.signupgenius.com/go/60B084EAFA823A5FA7-54569407-winter

Questions? jessica.latanzio.crespo@gmail.com



PTA presents.....

Author Visit

Monday, March 10th
Daryl Cobb
will be visiting our students



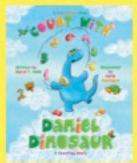
Local children's author, Daryl Cobb, will be putting on a literacy based show for the entire school! Pre-K thru 4th will be engaged with his music and story telling while 5th thru 8th will be compelled by his writing workshop. The day is going to be filled with music, laughter, meet and greets and more!

To continue the reading fun at home Daryl Cobb is offering FTS autographed copies of his books. The attached form along with payment is Due by Feb 14th. On time book orders will be received the day of visit. These books make great keepsakes for this wonderful visit!













Special! 2024 -25Personalized School Book Attention parents: Pirates Do Pirates Go To Franklin Township Elementary School Franklin Township Elementary School Presents Author's Day 2024-25 with School Book \$15.99 "Children's Author Darvl Cobb" This is a customized school version of Daryl's "Do Pirates Go To School?" with your school name added To pre-order for the book signing send full payment with this to the title. It includes a special dedication page with a form back to school in a sealed envelope marked dedication made directly to your students. Through-"Attn: Authors Day" on or before February 14th. out the book, one can find the names of teachers and staff members on plaques, signs, the pirate rosters *Chapter Books #1 and #2 are intended for boys and girls and mailboxes, to name a few of the personalized ages 10-15 or strong younger readers / Chapter Book #3 is for ages 7-11 *Pirates: The Riffi 1-\$13 Hard Cover Pirates: The Ring of Hope Soft 2-\$13 Hard Cover Baseball, Bullies & Angel of Hope is ... [A] spirited swashbuckling tale of mystery and magic. The characters are rich Kirkus Reviews -- Calls BOO! Are You #3\$\$0.00 Soft Cover/rates: Monkey Troubles and beautifully rendered, and the story is Afraid of the Dark? "A heartwarming (Books 4-8 Hard Covers) 4^S⊈¶13.00 Øaddy Did I Ever Say? sprinkled with humor. . . . Twelve year old story to help children overcome their I Love You, Love You Every Day / (Sentimental ages 0 & up) Peter Nichols steps out of the modern world bedtime fears." Come and see how one 5 -\$13.00 Daniel Dinosaur / ages 0-8 and right into the middle of this funny fun pirate mystery that has him struggling with 6 -\$13.00Bill the Bat Love Halloween / ages right and wrong and the meaning of friend-7 -\$13.00 Bill the Bat Babysits Bella / ages 0-10 ship and family. 8 - \$13.00 Bill the Bat Finds His Way Home / ages 0-8 ⊁Baseball, Bullies & Angels/276pgs 9-\$10.00 / Mr. Moon / ages 0-16poks 9-17 Softcovers) 10 -\$10.00 / Greta Magical Mistake / ages 0-10 -- Kirkus Reviews "This [award winning children's] havel by Cobb ... introduces Stephen, whose skill in 11-\$10.00/ Pirates: Legend of the Snarlyfeet /ages paseball helps him cope with bullies and a learning 12 -\$10.00 / Henry Hare's Floppy Socks / ages 0-8 dis-ability. ... * Stephen is a talented baseball player, but as his flame grows brighter, one particular 13 -\$10.00 / BOO! Are You Afraid of the Dark? / age/10 competitor and classmate doesn't like getting overshadowed. He and his friends, "The Bully Gang", 14 -\$10.00 / Barnyard Buddies / ages set a plan in motion to get Stephen kicked off the 15 -\$10.00 / The Frogs: A Happy Life! / ages 0-6 baseball team. As the bul-lying gets worse, Stephen's 16 -\$10.00 / Boy on the Hill / ages 0-6 friends Charlie and Megan 17-\$10.00/ Count with Daniel Dinosaur / ages 0-6 try to fill his world with hope, happiness and New for 2024! \$15.00 / Personalized School Book laughter. School Contact: Sylvia Naughton X \$ 15.99 = / sylvia_rose@yahoo.com

(Grade)

(Teacher Last Name)

(first names only) here. For multiple books put

book number next to name, use separate paper if necessary and attach to order form.

(Student First and Last Name)

*CLEARLY PRINT names

Autograph To:_

X \$ 13.00 =

X \$ 10.00 = _____

Total

Make Checks Payable to:

Daryl Cobb Production

Author info at www.darylcobb.com



*Chapter Book #3 is for ages 7-11 Pirates: Monkey Troubles/129pgs

When Monk doesn't return promptly from his mission to find Captain Paul, Peter is sick with worry. And to make matters worse his dreams of a mysterious bottle with a note inside has a message that is deadly and more real than Pe- ter could have imagined. Parents: The Ring of Hope was

adapted into a novel from this short story. \$10.00 Daddy Did I Ever Say?

I Love You, Love You Every

Kirkus Reviews calls Daddy Did I Ever Say? I Love You, Love You, Every Day "[a] charming tale. A cute, curlyhaired, kindergarten-aged girl opens the story by asking her father if she's ever told him how much she loves him. She loves him, she explains, because of how he plays, tickles, squeezes, chases, even roughhouses with her. She loves him because whenever she's afraid at night, she knows she can always find him, and he'll make her feel better. The verse Cobb has penned is appealing and... [t]he idea behind the story of the little girl and her doting father



Danier

DINOSAUL

\$13.00 is charming[.]

> Daniel Dinosaur "A sweet story told in simple

> rhymes that young children will likely enjoy. Dan- iel has just turned 4... his parents ask him to watch over [his sister Sue] while their away, and he loses track of her. Danny's search for Sue is humorous, and it is rendered with lively drawings."

\$13.00 Kirkus Reviews

"Bill the Bat Loves Halloween"

Kirkus Reviews-- Bill is a curious bat who love Hallow-

een and watching trick-or-treaters. The little ghouls and goblin run away when he swoops in for a closer look, but Bill is un daunted. He keeps following them until he takes a broom to th head Colorful illustrations fill the pages with movement ar detail [in this] fast-moving, fun rhyming picture book\$ 13.00



Kirkus Reviews calls Bill the Bat Babysits Bella"[a] sweet book celebrating broth

> sister bonds. The illustrations are rich with color and detail and full of little quirks to discuss."

\$13.00



9 | \$10.00

Kirkus Reviews calls Mr. Moon "[a] pleasing children's

narrative with a relevant message." When the moon over stays his welcome he gets a little heat from his friend the sun. We all must learn at some point to appreciate the things that make us individuals and what makes each of our own tives special as Mr. Moon does in this unique and fun story. \$10.00



10 "Kirkus Reviews says that

Greta Magical Mistake is told "With simple rhymes and a gentle spirit, veteran children's author Cobb offers an enjoyable story of a witch-in-training whose good intentions go awry." Greta Grohm,

a student at Wilhelm's Magic Academy, quickly discovers how good intentions can go wrong. When Greta finds a stray cat on the way home from magic school she immediately thinks he would make a great new friend for her two pet birds, Dew and Ray. She takes the cat home, a wild chase ensues and a magic spell goes bad to set this



Pirates: Legend of the Snarlyfeet_{is a follow}

up to Daryl K. Cobb's "Do Pirates Go To School?" This is a fun adventure that follows Pirate Pete and his friends to the mysterious land of Hoganthal in a search for buried treasure. Readers will be introduced to the most feared animal on the island, the dreaded Snarlyfeet, and . . . they will just love them. The pirates in this tale learn a very important life lesson about judging others, one that your children will certainly take with them as well.



Kirkus Reviews says that Henry Hare's Floppy Socks is a fun romp with uniquely illustrated characters and a simple solution to an amusingly silly dilemma." When Henry Hare can't keep his socks from falling down, all of his friends come together to try to help Henry find a solution to this problem. Margot Miller cre- ates colorful illustrations from household textures and helps makes this story fun to read and look at. \$10.00



"BOO! Are You Afraid of the Dark?" is a heartwarming story about being afraid of the dark. When a child's mom notices this fear in her son at bedtime, she decides to turn the tables and be-

comes fearful too. "You say you are brave, and I know that it's true. But what if I'm scared, what should I do?" Boo tries to ease his Mom's fears, by identifying all the things in the room his mom becomes afraid of. \$10.00 Newfor 2024!

FRANKLIN TOWNSHIP SCHOOL LIONS DISCOUNT CARD

Save Money! Support our students and local businesses!

This reusable discount card provides terrific savings at over 130+ area businesses across Hunterdon and Somerset counties.

Please help make this fundraiser a huge success!! Our goal is to sell at least 2 cards per student.

The more we sell, the more money we raise to support our 8th graders graduating in 2025!



Cards are valid through December 31, 2025

2.

3.

4.

MAKES A GREAT GIFT FOR FAMILY MEMBERS AND FRIENDS!

TELL YOUR NEIGHBORS!

CHECK OUT ALL THE SAVINGS AVAILABLE HERE!



Total \$:

Total cards ordered:

Please return this form and payment in a sealed envelope labeled "PTA Discount Card, Attention: Michelle Wronski" to your child's teacher. Make checks payable to Franklin Township School or email michellewronski@gmail.com if you prefer to pay with Venmo. All cards ordered will be placed in your child's homeroom teacher's mailbox.

Student Name	Grade Home Room/Teacher		
Name	Phone/Email	# of Cards Ordered @ \$20 each	\$ Paid

A Zesty Journey into the World of

While it's definitely not a grape, a grapefruit is a citrus fruit that received its name because it grows in clusters on trees, like grapes. Sometimes as many as 25 fruits hang in a cluster from a tree!



There are three major types of grapefruits: white, pink/red and star ruby/rio red. These colors indicate the color inside of the grapefruit. The pink and red varieties of grapefruit contain more vitamins than the white grapefruit. Red grapefruit contains over 20 times more vitamin A than white. Vitamin A is important for cell growth and development, for fighting off diseases and for good vision. If you haven't had a grapefruit before, try having one this month since it is National Grapefruit Month! You can eat it as it is or even add it to salads!



Dietition's Pick

Sweet potatoes are a root vegetable that come in different colors such as white, yellow, orange, red or even purple. Sweet potatoes are high in beta-carotene which is converted to vitamin A in our body. They are also high in potassium which balances the fluids in your body and is important for normal blood pressure, muscle growth and the functioning of the brain and nervous system. Baking sweet potatoes preserves their natural sweetness making them a delicious choice for a nutrient-dense side, snack or main course!

Baked Sweet Potato



INGREDIENTS:

- 4 Sweet Potatoes, scrubbed clean
- Olive Oil, optional
- · 4 tbsp. Butter
- Kosher Salt

Freshly Ground Black Pepper

INSTRUCTIONS:

- Preheat oven to 425°. On a baking sheet lined with aluminum foil, prick sweet potatoes all over with a fork. Rub the outsides with a small amount of olive oil if you intend to eat the skins.
- Bake until tender, 45 to 50 minutes.
- 3. Let cool, then split the tops open with a knife and top with a pat of butter.
- Season with salt and pepper before serving.



February Holidays

Black History Month National Heart Month National Grapefruit Month

- Feb 2 National Ground Hog Day
- Feb 2 National Tater Tot Day
- Feb 7 National Fettuccine Alfredo Day
- Feb 9 National Pizza Day
- Feb 13 National Cheddar Day
- Feb 13 National Tortellini Day
- Feb 17 President's Day
- Feb 20 National Muffin Day
- Feb 24 National Tortilla Chip Day
- Feb 27 National Chili Day
- Feb 27 National Strawberry Day
- Feb 28 National Pancake Day

Make Your Pancakes More Nutritions!

While pancakes may be a breakfast favorite, it is important to start your day with a nutritious, healthy breakfast that provides you with sustainable energy. Here are some tips on how you can elevate your everyday pancakes to be more delicious and nutritious!

Add more fiber. Try using more whole grains in your batter by using whole-wheat flour, oats or commeal. You can even use a mix of flours for a unique taste and a boost in the fiber content. Fresh or frozen fruits. Add fresh or frozen fruits such as strawberries, blueberries and bananas in your pancake batter. Fruit can also be used as a topping which will add more vitamins and antioxidants in your breakfast.

Protein boost. Use Greek vogurt as a topping or in your batter for an extra source of protein to make your breakfast meal balanced and filling.

Be creative with your toppings and enjoy a nutritions breakfast!



February 2025

Recipes the Month FEBRUARY



Baked Sweet Potato Yields 4

INGREDIENTS:

- 4 Sweet Potatoes, scrubbed clean
- Olive Oil, optional
- 4 tbsp. Butter
- Kosher Salt
- Freshly Ground Black Pepper

INSTRUCTIONS:

- Preheat oven to 425°. On a baking sheet lined with aluminum foil, prick sweet
 potatoes all over with a fork. Rub the outsides with a small amount of olive oil if
 you intend to eat the skins.
- 2. Bake until tender, 45 to 50 minutes.
- 3. Let cool, then split the tops open with a knife and top with a pat of butter.
- Season with salt and pepper before serving.

Enjoy!











ATTENTION PARENTS!!

The Union Township Recreation Committee is excited to announce that registration for **Spring Soccer**, **Martial Arts**, **Baseball** and **Jr Lions Fencing** will be open from February 1st – February 28th. Please note, late registration is available March 1st – 7th, subject to a late fee. No registrations after March 7th will be accepted.

Spring Soccer:

- The program is for children in Pre-K through 8th grade and runs from early April through mid-June.
- Practices will be held at Finn Road Park during the week for 2nd 8th grade, based on our volunteer coach's availability. Please note, our Pre-K and K/1 groups do not practice.
- Games are typically held at Finn Road Park Saturdays between 8am –
 12pm. The Spring 2024 season will be played mostly within our own
 league/groupings. Spring Soccer games will run from April 5th June 14th
 (though note, we'll be off for Spring Break 4/19 & 4/26, and Memorial Day
 weekend 5/24).
- Coaches mark your calendar for our Coaches Meeting which will be held on Friday, March 21st at Finn Park at 6pm.
- Questions? Please contact Soccer Commissioner Syed Jafri at UnionTwpRecSoccer@gmail.com.

Martial Arts:

UTREC is proud to bring back its newest program for 2025 – Martial Arts! Brought forward in partnership with Impact Martial Arts of Clinton, UTREC will be offering a 6-week introductory Kids Brazilian Jiu Jitsu & Adult Brazilian Jiu Jitsu or Kickboxing this Spring. Please note, each class will be capped at 12 participants, so please register early.

- Kids Brazilian Jiu Jitsu:
 - Brazilian Jiu Jitsu (BJJ) classes for kids will be offered on Mondays and Wednesday from 5:45-6:30pm, and Saturdays from 11:30am-12:15pm starting April 28th and running through June 6th.
 - Classes are offered for kids in 1st 8th grades.
 - A UTREC t-shirt will be provided for all kids BJJ participants.

(continued...)

Adult Brazilian Jiu Jitsu:

- Brazilian Jiu Jitsu classes for adults will be offered on Tuesdays and Thursdays from 6:30-7:30pm, and Saturdays from 11am-12:30pm starting April 29th and running through June 6th.
- Impact Martial Arts will provide a uniform for all participants.

Adult Kickboxing:

- Kickboxing classes for adults will be offered on Mondays and Wednesdays from 6:30-7:30pm, Tuesdays from 7:30 - 8:30pm and Saturdays from 9:30-10:30am starting 4/28 and running through 6/6.
- Impact Martial Arts will provide gloves for all participants.
- Please note, class attendance is based on your schedule and not required (i.e., if you can make Tuesday & Thursday but not Saturday, that's OK).
- Questions? Please contact our Martial Arts lead Warren Ferdinand at <u>utrecmartialarts@qmail.com</u>

Coach Pitch Baseball:

- This is an introductory league for children in Pre-K through 4th grade that runs from early April through mid-June. The program focus is on having fun while learning baseball basic skills and rules, while having FUN!
- The final breakdown for how the group is divided up will be set after registration closes, based on enrollment numbers.
- Practices and games will be held on Mondays and Wednesdays at Finn Park after school.
- Questions? Please contact Baseball Commissioner Warren Ferdinand at <u>UTRECBaseball@gmail.com.</u>

Jr Lions Fencing:

- Jr Lions Fencing program is back for 2025 with both Intro to Fencing and Fencing with Experience courses, both for kids in 5th – 8th grade. The classes will run from April 2nd – May 28th (excluding 4/23, when NHHS is closed for Spring break).
 - Intro/Beginner Fencing (101/102): This is an introductory program to teach your child fencing basics while also hopefully sparking in them a love for the sport. No equipment is needed to participate. All sessions will be held from 6:15 – 7:15pm on Wednesdays.
 - Fencing with Experience (201): This is a 201-level course for kids who have taken our Fencing with Experience class before. All sessions will be held from 7:30 – 8:30pm on Wednesdays.
- Questions? Please email Fencing Commissioner Richard Millhiser at JuniorLionsFencing@gmail.com.

For more information, please visit the UTREC website at: www.UTRECREATION.com

Registrations for other UTREC Spring sports, including Tennis and Volleyball, will open later this Spring







Registration opens February 17th! Reserve your spot today!

Registration fee \$180 for first child by March 6. Each subsequent child is \$20 less each. Late registration \$200, if space. Registration and payment is online only. Visit www.hunterdonlionstc.org and click on "HLTC Registration 2025" link.

Open to current 4th-8th graders

Events Offered

- Running: Sprints (100/200/400), mid-distance (800/1500), hurdles (80/100), relays
- Throws: Shot put, javelin, discus
- ❖ Jumps: Long jump and high jump

Our USATF and SafeSport certified coaching staff have

backgrounds in these events, but we're always seeking more help. Additional coaches and volunteers are welcome!

- ❖ WHERE: North Hunterdon High School track
- WHEN: March 27th through June 1st
 - \rightarrow M & Th: 7 8:30 pm, Sat: 10 11:30 -or- 2 3:30 pm (TBD)
 - NOTE: Attendance is not mandatory, however, athletes are encouraged to attend practices, as workouts are often designed for continuity



Registration includes:

- Club t-shirt & hooded sweatshirt New for 2025!
- *Practice and competition in the full range of events offered Entry fees for club
- home meets and USATF Association meets End of season picnic celebration
- *with new friends and future classmates!

Meets & Competition

HLTC aims to have intrasquad meets, meets with other youth clubs, and participate in the Skylands Championship. We offer participation in the USATF Youth State Association meet (June) and USATF qualifying meets (July). Meet participation is not required but encouraged as an important part of athletes' development.

More about HLTC

In our 20th season, the Hunterdon Lions Track Club is open to 4th through 8th graders of all abilities, intended to provide a safe, fun, and inclusive environment to learn the fundamentals of track & field. The goals of the program are to:

- ❖ Build self-confidence and a strong work ethic
- Promote health and well-being
- ❖ Introduce the fundamentals of each track & field event

Our coaches strive to prepare athletes for high school while teaching athletes social responsibility by supporting each other and building a sense of community. As athletes progress, we encourage them to reach their full potential by continually setting goals, both on and off the track.

If you have questions in the interim, do not hesitate to contact the Head Coaches below.

Coach Bryan Lisa & Coach Lou Palma

hunterdonlionstc@gmail.com

The attached information is being distributed by the School District at the request of the organization. The District's distribution of this literature

is purely a courtesy to our parents and students and is not an endorsement by the District.



Join us for another fun season of spring track & field!



The North Hunterdon Track & Field Camp will offer an introduction to all events for boys and girls entering grades 1-9. Emphasis will be on basic skills as well as teamwork during relay events. All participants will have an opportunity to compete in events throughout the week.

Awards will be given to all!

Instructors:

North Hunterdon HSTrack & Field Staff. High School and Collegiate Athletes

Equipment:

- Dress for the weather
- Sneakers should be worn at all times
- Water bottle!!!
- Snack

Ages:

Boys and Girls entering Grades 1-9 (Sept. 2025)

Events:

- ★ Running events
- ★ Jumping events
- ★ Throwing events
- ★ Relays

NORTH **HUNTERDON** TRACK & FIELD CAMP



NORTH HUNTERDON HIGH SCHOOL TRACK AND FIELD FACILITY

5:30 - 8:00 PM

M-TH JUNE 23- 26, 2025



CAMP COST:

\$ 150 (one child)

\$ 250 (2 in family)

\$300 (3 or more in family)

20% of fee is non-refundable after 6/2/25

Payment through PayPal here! (@hunterdonlionsTC)

For further information email:

tmooney@nhvweb.net

bamaginnis@nhvweb.net

CAMPER REGISTRATION

One Required Per Camper

USE THE OR CODE BELOW TO REGISTER!

