



October 25, 2024

THE PAW PRINT

THE OFFICIAL WEEKLY NEWSLETTER FOR FTS

WWW.FTSCHOOL.ORG/FTS
@FTSHUNTERDON #PAWPRIDE

DR. GOODITIS, PRINCIPAL

• Upcoming • Events

- 10/28- Sipping Coffee, Sharing Ideas: Meet Interim Superintendent Dr. Joanne Calabro
- 10/31 - Halloween Parade Grades PK-5
- 11/4-Photo Retakes

Hear Our R.O.A.R.S!

Respect, Ownership of Actions, Achieve Personal Best, Responsibility, and Safety

Mrs. Schultz's preschool class had a fun time making a class haunted house. Boo!



Second graders in Mrs. Ramos' class utilized the school garden for a Halloween read aloud!

Franklin Township School was recognized as a Sustainable Jersey for Schools Silver Award winner at the NJSBA this week. Our school was also awarded the Digital Star designation. A Digital Schools Star recognizes the implementation of effective digital learning and communication tools, resources, and practices.





Sipping Coffee, Sharing Ideas

*Meet Interim
Superintendent
Dr. Joanne Calabro*

October 28, 2024

11AM-12PM

Franklin Township School

RSVP [Here](#) by October 25,

2024

Red Ribbon Week

10/28/24-11/1/24

Monday: We are Redey to make good choices - Everybody wear RED

Tuesday: Be a Jeanius and offer kindness - Everybody wear jeans

Wednesday: Kick bad habits - Wear crazy socks



Thursday: Scare Drugs Away - Wear your Halloween costume or Orange & Black

Friday: Come together as a community - Wear your school colors



FRANKLIN TOWNSHIP SCHOOL



BOND REFERENDUM



**An Investment in
School Safety**



FTSchool.org

VOTE ON **NOVEMBER 5, 2024**

NORTH HUNTERDON HIGH SCHOOL

Dr. Gregory Cottrell
Principal

Mrs. Alexa Tucci
Athletic Director



Assistant Principals
Mr. John Deutsch
Ms. Stacy Ditze
Mr. Timothy Flynn
Mr. Chris Maslonka
Mr. Robert Pellechio

October 23, 2024

Dear Parents/Guardians,

As of late, attendance at North Hunterdon High School events, both athletic and public, have seen our highest numbers in recent years. I want to extend my sincere appreciation for your support of our students and the high school community. With higher attendance, it is important that as a school community, we work to enhance the safety, supervision, and overall viewing experience of our events for all of our students, staff, and spectators.

Moving forward, for all North Hunterdon High School events, **spectators under the age of 18 without a valid high school ID must be accompanied by a parent or guardian.** In other words, any middle or elementary school student needs adult supervision for the entirety of the game. Your support and presence at our games are valued and will contribute to the overall success and enjoyment of all attendees. I recognize this change may require some adjustments to your schedule, but we appreciate your understanding and cooperation in this matter. Together, we can create a positive environment that allows everyone to enjoy the excitement of the game while maintaining the highest standards of conduct and safety. If you have any questions or concerns regarding these procedures, please contact North Hunterdon High School at 908-713-4199.

We look forward to seeing you soon! Let's Go Lions!

Thank you,

Dr. Gregory Cottrell

Principal, North Hunterdon High School

SAVE THE DATE

Nurtured Heart Approach



THE NURTURED HEART APPROACH IS A AN ESSENTIAL SET OF STRATEGIES FOR TRANSFORMING THE MOST INTENSE CHILDREN:

- TRANSFORMING THE WAY CHILDREN PERCEIVE THEMSELVES, THEIR CAREGIVERS, AND THE WORLD AROUND THEM
- TEACHING CHILDREN THEY WILL RECEIVE RECOGNITION THROUGH POSITIVE BEHAVIORS
- SEEING INTENSITY TO BE A POWERFUL QUALITY THAT , IF DEVELOPED CORRECTLY, CAN DRIVE CHILDREN TO AMAZING ACHIEVEMENTS

THIS CAN BE ATTENDED IN PERSON OR VIRTUALLY

NOVEMBER 14TH, 6-8 PM
TO REGISTER PLEASE CLICK THE LINK [HERE](#).



GUARDE LA FECHA



EL ENFOQUE DEL CORAZÓN NUTRIDO ES UN CONJUNTO ESENCIAL DE ESTRATEGIAS PARA TRANSFORMAR A LOS NIÑOS MÁS INTENSOS:

- TRANSFORMAR LA FORMA EN QUE LOS NIÑOS SE PERCIBEN A SÍ MISMOS, A SUS CUIDADORES Y AL MUNDO QUE LOS RODEA.
- ENSEÑAR A LOS NIÑOS QUE RECIBIRÁN RECONOCIMIENTO A TRAVÉS DE COMPORTAMIENTOS POSITIVOS
- VER LA INTENSIDAD COMO UNA CUALIDAD PODEROSA QUE, SI SE DESARROLLA CORRECTAMENTE, PUEDE LLEVAR A LOS NIÑOS A LOGROS ASOMBROSOS.

SE PUEDE ASISTIR EN PERSONA O VIRTUALMENTE.

14 DE NOVIEMBRE, 6-8 PM PARA REGISTRARSE HAGA CLIC EN EL ENLACE [AQUÍ](#).



COACHES' CORNER



Co-Ed Soccer

Upcoming Games

(4:00 start time)

Date	Opponent	Location
North Hunterdon-Voorhees Junior Athletic Conference B Bracket Championship		
10/28	@ Tewksbury	OTMS, 171 Old Turnpike Road Califon, NJ 07830 (4:00 PM)

COUNSELOR'S CORNER

Franklin Township School

Morning Meetings

October 2024

Monday: Grades K-2

Energizing your Greatness

Wednesday: Grades 3-5

Energizing your Greatness

Friday: Grades 6-8

Energizing your Greatness

Morning meetings will run
from 8:15am-8:35am. Please
RSVP to
avan-spanje@ftschoool.org

Cafeteria Connection

OCTOBER 2024

All About Autumn Produce

As the weather gets chilly and autumn begins, there are a lot of great fruits and vegetables that are in season! Some autumn produce worth mentioning include pumpkin, beets, sweet potato, spaghetti squash, kale and pears. Pumpkins are rich in fiber and beta carotene. Beta carotene is converted to vitamin A in the body, which is important for your skin and eyes.



Another great vegetable is spaghetti squash, which as the name suggests, makes spaghetti-like strands when cooked, which are great when tossed in your favorite sauce. Kale is also another nutritious autumn produce that is rich in vitamins A, C and K, as well as manganese. Pears may be available year-round, but they are sweetest in autumn. They are a great source of potassium and vitamin C. In honor of vegetarian month, try adding these fall fruits and vegetables to your dinner table this month!

Dieticians Pick



Apple Cinnamon Oatmeal

Apple cinnamon oatmeal is a nutritious breakfast option that contains fiber, vitamins, and minerals. Oats are rich in a type of fiber called soluble fiber, which helps in digestion and also helps regulate blood sugar levels. Apples are a great fruit that also have fiber, vitamin C, antioxidants, and other nutrients. Did you know that one apple tree produces 840 pounds of apples per year? The combination of apples and oatmeal in this recipe makes for a satisfying and wholesome meal. What a delicious and nutritious way to start the day!



Servings: 5

INGREDIENTS

- 2 cups Rolled Oats
- 3 3/4 cups Water
- 3 small Sweet Apples OR
- 2 cups Apple Pieces diced small
- 1/2 teaspoon Kosher Salt
- 1/2 teaspoon Cinnamon dash of Nutmeg
- 1/4 cup plus 1-2 tablespoons Brown Sugar, adjust to taste Butter (a teaspoon or so for on top of each serving)

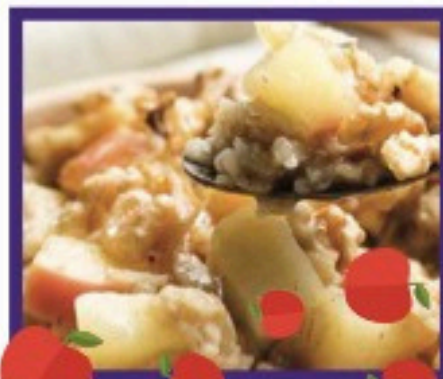
OPTIONAL:

Chopped Pecans (just a sprinkling for each bowl)

INSTRUCTIONS

1. Combine the oats, water, apples, cinnamon and nutmeg in a medium size sauce pan. Bring to a boil over medium high heat, stirring occasionally.
2. As soon as it boils, reduce heat to low and simmer for just a few minutes, until the oats are soft and the apples are tender. Remove from the heat and add brown sugar to taste.
3. The sweeter the apples, the less brown sugar you will need. Scoop into serving bowls and top with butter and pecans if desired.

Enjoy!



OCTOBER Holidays

Farm to School Month

Vegetarian Month

National Chili Month

National Pizza Month

Oct 1 World Vegetarian Day

Oct 4 National Taco Day

Oct 8 National Pierogi Day

Oct 11-12 Yom Kippur

Oct 12 National Farmer's Day

Oct 14-18 National School Lunch Week

Oct 14 Columbus Day

Oct 14 Indigenous People's Day

Oct 17 National Pasta Day

Oct 20 National Chicken & Waffles Day

Oct 20 International Chef's Day

Oct 21 National Apple Day

Oct 25 National Breadstick Day

Oct 29 National Oatmeal Day

Oct 31 Halloween



Pizza Party!

Who wouldn't be excited to know that October is National Pizza Month? Pizza has many different sizes, shapes and styles, but it is loved by all. Pizza was first invented in Naples, Italy and can be traced back to the 16th century. Pizza was popular among the working class until Italian King Umberto I and Queen Margherita visited Naples in 1861. The Queen especially liked the pizza topped with tomatoes, soft cheese, and basil that it was renamed Margherita after her name, which is a pizza that is still popular today.

To make a healthier pizza, try using a whole-grain crust for some extra fiber. You can also add vegetables and a lean protein source such as lean steak, grilled chicken, and shrimp to make it a complete balanced meal. Some vegetables that can be added to a traditional cheese pizza can include roasted squash, sauteed mushrooms and grilled eggplant. Go for more flavor and less fat by using a mix of part-skim mozzarella, sharp provolone and Parmesan. On your next homemade pizza night, be creative and try out a new vegetable topping!



FTS PTA

Thank you!



**4,160 LBS OF DONATIONS COLLECTED
FOR COMMUNITIES IN NEED!**

\$277.35 RAISED FOR OUR SCHOOL!

(STILL HAVE DONATIONS? WE'LL BE BACK IN THE SPRING!)



FRANKLIN TOWNSHIP SCHOOL LIONS DISCOUNT CARD

Save Money! Support our students and local businesses!

This reusable discount card provides terrific savings at over 130+ area businesses across Hunterdon and Somerset counties.

*Please help make this fundraiser a huge success!! Our goal is to sell at least 2 cards per student.
The more we sell, the more money we raise to support our 8th graders graduating in 2025!*

 <p>FRANKLIN TOWNSHIP SCHOOL DISTRICT</p> <p>LIONS</p> <p>8TH GRADE CLASS OF 2025</p> <p><small>*Cards are valid through December 31, 2025*</small></p>	<p>MAKES A GREAT GIFT FOR FAMILY MEMBERS AND FRIENDS! TELL YOUR NEIGHBORS! CHECK OUT ALL THE SAVINGS AVAILABLE HERE!</p> 
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Please return this form and payment in a sealed envelope labeled “PTA Discount Card, Attention: Michelle Wronski” to your child’s teacher. Make checks payable to Franklin Township School or email michellewronski@gmail.com if you prefer to pay with Venmo. All cards ordered will be placed in your child’s homeroom teacher’s mailbox.

Student Name _____ Grade _____ Home Room/Teacher _____

Name	Phone/Email	# of Cards Ordered @ \$20 each	\$ Paid
1.			
2.			
3.			
4.			
		Total cards ordered:	Total \$:

For any questions, please email: michellewronski@gmail.com

OR **Trick?**
TREAT!

TRUNK OR TREAT

**LOOK FOR THE TEACHER CAR
AT TRUNK OR TREAT!**

WE HOPE TO SEE YOU THERE!

FRIDAY, OCTOBER 25TH

CLINTON ELKS LODGE 2434

**CAR SPONSORED BY THE
QUAKERTOWN EDUCATION
ASSOCIATION**



Franklin Township Recreation Presents...

TRUNK OR TREAT!



Friday, October 25th

Clinton Elks located at 211 Sidney Road, Pittstown

Gates open 6pm to decorate your vehicle and close at 645pm

Trunk or Treat and costume contest between 7-9pm

No vehicles are permitted to leave until 9pm for the safety of children.

**COSTUME CONTEST AND PRIZE FOR BEST VEHICLE
DECORATION.**



**Hot dogs, munchkins, hot chocolate, coffee and water will be
provided.**

**Admission is free but it is strongly suggested that vehicles coming to Trunk or Treat bring a
minimum of 10lbs of candy to ensure enough to share with all children participating.**

Please no silly string. Alcohol is not permitted.

TOWNSHIP OF FRANKLIN HUNTERDON COUNTY RECREATION

Basketball Program Season 2024–2025

Franklin Township Recreation Commission is now organizing for another season of basketball.

The application deadline is 11/10/2024.

Please help me by getting them in as soon as possible. Jersey ordering lead time is has increased substantially this year.

Registration Fee: \$100.00.

Make Checks Payable to *Franklin Township Recreation*

There are three forms that need to be returned this year available on-line

[_www.franklin-twp.org](http://www.franklin-twp.org)

Please Mail the Application, Emergency and Insurance Form, Medical Dispense Form and Check to:

Franklin Township Recreation

202 Sidney Road,
Pittstown, NJ 08867

The season will involve a week night practice and a Saturday games. Schedules are not final but practices will start in mid to late November during the week 7-9pm. The season will start in December 2024. I will send out an update when this is finalized. The season will run through March. Franklin will have boy and girl teams in 3/4th grade, 5/6th grade and 7/8th grade divisions.

To ensure balanced teams this year, if there is more than one team at a certain level, we may have all of the players attend a practice and the coaches draft teams from the pool of players.

The North Hunterdon Basketball League, is comprised of teams from the towns of Bethlehem, Clinton, Franklin, Union, Kingwood, Alexandria and Delaware Township These are 'recreational' basketball leagues. Playing time and game rules have been established to promote a recreational atmosphere. The season starts in December and runs through early March. Games are played on Saturday's at the participating township's school gyms. Teams will play approximately 9 games plus playoffs for 5/6 and 7/8 teams. I encourage 6th - 8th graders that are going out for the school team to also participate in this league. They can never get enough playing time. I ask that any parent interested in coaching to get back to me ASAP. You will need to schedule Rutgers Safety Certification if you are not certified and to also process background checks. If you have any questions are interested in coaching or assisting, please email me, Mark Mroz at mikeyman711@yahoo.com or call me on my cell phone at 908 500-8448. Thank you and we hope to see for our 2024/2025 basketball season.