

Lynne Gonski, M.S., School-based therapist with Hunterdon Behavioral Health for the past 9 years will present on this topic with practical advice and strategies for all families. Lynne has served as an Adjunct Associate Psychology faculty member at RVCC for 29 years, is a certified Disaster and Crisis Response Counselor and was the previous author of The Hunterdon Democrat parenting column, "The Parent's Manual".

"Anxiety in Children can lead to poor school performance, problems with peers, substance use, psychosomatic illnesses, low self-esteem and issues in adulthood" (Bernstein, 2016).

WEDNESDAY

Oct. 24, 2018 6:30pm Library

## Franklin Twp. School

## Guidance and Special Services Departments Proudly Presents Lynne Gonksi

"Anxiety in Kids and What We Can Do About It"